# **Chantilly Football Dress Code**

## Game Day School Attire and Rationale

Players will wear a dress shirt, tie and dress pants on game days. Although many programs follow this tradition for various reasons, our rationale is simple: a tie is a symbol to remind players that game days are different.

Because game days are different, we want our players to behave as such from the moment they get dressed in the morning. For ten days a year (hopefully more!), the tie should be a symbol, a reminder, that players should approach Fridays in the fall differently from every other day. A reminder that they should be a little more reserved during the school day. A reminder that they should be a little more focused. A reminder that they should burn off a little less energy joking around at lunch. A reminder that they have worked hard all week and that the payoff is imminent. A reminder that Fridays in the fall are special.

#### On-field Attire

For planning purposes, please note that athletes *will not be permitted* to wear gear that isolates them from the team.

#### **Unacceptable Clothing:**

Examples include, but are not limited to the following:

- Cleats with designs/logos unrelated to Chantilly football (Superman, Batman, dollar signs, etc.) Multi-colored and/or fluorescent cleats
- Undershirts that are not a part of the team spirit pack
- Compression "shooting" sleeves (unless the ATCs deem there is a medical purpose) Sleeves during *warm* weather (when weather appropriate, sleeves will be **white** or **purple**) "Leggings" in place of socks during warm weather (leggings must be **solid white** to match pants) Any equipment, clothing, or gear the coaching staff deems unnecessary (coach's discretion)

## **Acceptable Clothing:**

- Cleats will be black and/or white or team colors (purple/white/silver)
- Socks will be white athletic crew style (neither knee high nor no show)
- Compression undershirts to be worn under the uniform will be a part of the required spirit pack.
  There will be a wide variety from which to choose, so players will have options to meet their preferences (e.g. sleeveless, long sleeves, etc.)
- Gloves are optional and must be neutral (black, white, gray) or team colors (purple, white, silver)
- \*\*In order to be permitted during games, non-essential equipment (e.g. gloves, elbow pads, etc.) must be worn throughout the week at practice\*\*

## On-field Dress Code Rationale

There are multiple reasons for our "dress code" policy, but preventing fun is <u>not</u> one of them. We appreciate every athlete as an individual, but we will prohibit attempts to put oneself before the team; that includes modifying one's appearance/uniform. Football is a game of precision, calculation, and uniformity. It requires eleven athletes to be in unison at all times. It is our belief that dressing as a team is a small step to playing as a team.

Additionally, less is often more. We want to limit the variables an athlete must worry about during a game and eliminating their concerns about "extra gear" (e.g. shooting sleeves, compression leggings etc.) is an easy way to do so.